

MOULTON WEALTH MANAGEMENT INC. MOULTON HOT MINUTES

SPECIALIZING IN RETIREMENT AND TAX PLANNING
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July 2025

© Changing Gears: Why Your Retirement Plan Shouldn't Look Like Your First Job Strategy

Life doesn't stand still, and neither should your financial plan. Just as your life transitions from one phase to another—student, employee, parent, retiree—your strategy for managing money should evolve too.

Think of how many people downsize after retirement. They leave the house where they raised kids—not because they didn't love it, but because it no longer serves their needs. Maintenance is a hassle, and climbing stairs every day may no longer be ideal. That shift in thinking applies just as much to your financial plan.

Wey Insight:

Just as you adjust your lifestyle in retirement, your money strategy should adjust too. What served you in your 30s might not be suited for your 60s and beyond.

Accumulation vs. Distribution: Two Very Different Worlds

During your working years, you're in the **accumulation phase**. You earn money, save consistently, and invest for the long term. You can handle a few market dips because you're still contributing—and you have time to recover.

But retirement kicks off the **distribution phase** — a completely different mindset. Now, you're relying on your investments to fund your lifestyle. There's no paycheck to fall back on. You're drawing down, not building up.

The stakes are higher now. A downturn early in retirement can do lasting damage, if you're forced to sell investments at unexpectedly large losses to cover expenses. This is known as "sequence of returns risk" — and it's one of the biggest threats facing retirees.

The Danger of Not Changing Course

We met a couple who had been with the same financial advisor for over three decades. The advisor told them to stick with the same plan, despite market volatility, and their new retirement needs.

That advice was built on outdated assumptions:

- True—but how long will it take? Retirees can't afford to wait through a long recovery. The market may come back, but the years lost never do.
- The market averages 10% a year." That figure includes good years masking bad years and is therefore misleading in the real world.
- -31 <u>"Missing the best days hurts your return."</u> It's also true that avoiding the worst days matters just as much—especially when you're withdrawing income.

- X <u>"Don't sell and lock in losses."</u> Yet, in retirement, you may need to sell to meet daily expenses losses or not.
- While minimizing taxes is wise, avoiding risk is often more important when every dollar counts.

The Invest and Protect Strategy: A New Playbook for Retirees

Traditional investment strategies assume time is on your side. In retirement, the focus shifts to preservation, income, and measured growth. That's where our **Invest and Protect Strategy** comes in. It's based on eight principles structured to better align with retirees' stage of life:

- 1. A <u>Your money should last as long as you do.</u>
 Longevity is increasing—you may need your portfolio to stretch 30+ years.
- Gains are important but protection of principal is even more important. Have a defensive plan in place before trouble hits.
- 3. The goal is unlimited upside, with tolerable downside. Losses hurt more in retirement than gains help.
- 4. **Better to have protection and not need it.**Insurance for your money is just as important as insurance for your house.

Yours truly,

Rial R. Moulton, CFP®, CPA / PFS, RFC

Certified Financial Planner TM professional

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- 5. Invest and Protect sometimes comes with opportunity cost. In certain market conditions, you may not make as much.
- 6. Only take the risk you need. You don't have to "beat the market"— you just have to meet your personal goals.
- 7. Taxes on growth are a good problem. It means you've made money and you're better off than losing principal.
- 8. Work with a retirement-focused advisor.

 Generalists may not understand the nuances of retirement planning.

E Ask Yourself:

Where are you in the game? If you're in or near retirement, your playbook should change. Staying aggressive might feel familiar, but it may not be wise.

Retirement isn't the end of the financial journey—it's the start of a new chapter. With the right strategy, your savings can support the lifestyle you worked so hard to build — for as long as you and your spouse need it.

If you are retired or close to retirement...

What is your plan?

Attend one of our free seminars or call the office to hear about your options.

Donald J. Moulton, CFP®, RFC

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Certified Financial PlannerTM professional

P.S. Please feel free to forward this commentary to family, friends, or colleagues. If you would like us to add them to the list, please ask them to send an email with their information and permission to be added.

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Do you still invest the way you did when you still had decades of work ahead?

Should you?

Weekly Radio Show Saturday Morning:

8:00 AM KXLY 920 AM Spokane and Area

9:30 AM KFLD 870 AM
Tri-Cities and Area

Moultonwealth.com

- How employing and consistently following a defensive system could help you to a better retirement.
- The "Widow's Tax" could be a major drain on the survivor's spendable income!
- What happens when an economic downturn makes it difficult for companies to pay back their massive debt?
- Why Buy and Hold Investing was right for the 80's and 90's yet very wrong for today.
- Will inflation eat up your assets?
- How to potentially decrease taxes on your hard earned Social Security Income
- ♦ To Roth or not to Roth?

And so much more!

SPOKANE

Hampton Inn—Valley

Breakfast

16148 E. Indiana St —Spokane

July 23rd @ 9:30 AM

TRI-CITIES

Hampton Inn

Breakfast

486 Bradley Blvd—Richland

July 30th @ 11:00 AM

COMPLIMENTARY SEMINAR

For those 50 years old and older



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Call to reserve a spot: 509-922-3110



Lifestyle Changes.

420 N. Evergreen Rd. Suite 100 Spokane Valley, WA 99216

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Call for assistance: 509-922-3110

ACT YOUR AGE!

Spokane

July 23rd @ 9:30 AM

Details Inside

No Cost Seminars for Retirees and those close to Retirement **Richland**

July 30th @ 11:00 AM

Details Inside