



**MOULTON WEALTH MANAGEMENT INC.**

**MOULTON HOT MINUTES**

**SPECIALIZING IN RETIREMENT AND TAX PLANNING**

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***We've Moved!***

**Week of July 29, 2024**

*Once again, this month's seminars are full, however there are sometimes cancellations. Make sure you are on the list if you want to attend. If you don't know, please call. Unfortunately there might not be room for anyone who walks up and hopes for a seat. If you don't get in this month's, we will present the same seminar next month, but note the dates and times. Richland will be first.*

*ATTEND OUR...*

***FINANCIAL & TAX PLANNING SEMINAR***

***Including the "WIDOW'S PENALTY"***

*BRING A GUEST*

➤ **AUGUST 21<sup>ST</sup> @ 9:30 AM – SPOKANE**

➤ **AUGUST 14<sup>TH</sup> @ 11 AM - RICHLAND**

**CALL 509-922-3110** TO RESERVE A SEAT OR IF YOU  
WANT A SECOND OPINION ON YOUR PORTFOLIO!

Last week's newsletter reviewed the economic cycles, as analyzed in a paper by EPB Research. The time between the 3 month and 10 year U.S. Treasury yield curve inversion, (the 3 month yielding more than the 10 year, which is backwards from what it should be), and a recession has been extended – but the cycle continues in a historically consistent direction, towards a recession. You can read the newsletter here: [Newsletter - Moulton Wealth](#).

***Please see our website [www.MoultonWealth.com](http://www.MoultonWealth.com). Of the many improvements, the most important is we now host podcasts of past radio shows, allowing you to listen at your convenience. You can also read all the past newsletters and take the test to find your Risk Number.***

Last Saturday's radio show reviewed the most recent PCE inflation data, as well as GDP. But maybe more importantly we reviewed the most recent research by InvesTech Research. You don't want to miss it. You can listen here: [Your Money Matters – Moulton Wealth](#).

We normally don't delve into politics at Moulton Wealth Management.

Why?

Two reasons:

1. No matter which side we pick, we're going to make someone angry.
2. It has surprisingly little impact on our primary mission; to make money, but also protect our client's retirement assets.

However, we've received a lot of questions about unprecedented recent developments. In summary they are along two lines.

1. What will it mean if...
2. What should we do if...

To answer those questions...

1. Who knows?
2. Nothing.

Despite what the media and Wall Street want us to believe, there is no actionable path based on the party in the White House.

*LISTEN TO RIAL'S AND DON'S RADIO SHOW,*

## ***“YOUR MONEY MATTERS”***

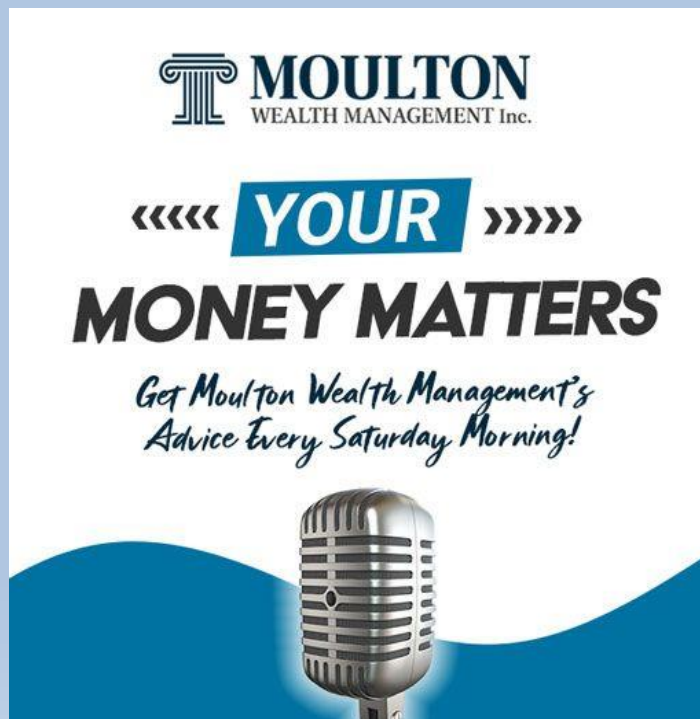
*EVERY SATURDAY MORNING AT*

*8:00 AM ON KXLY RADIO CHANNEL 920 AM IN SPOKANE*

*AND AT 9:30 AM ON NEWSTALK RADIO CHANNEL 870 AM IN THE TRI-CITIES AREA*

*LISTEN LIVE AT [WWW.NEWSTALK870.AM](http://WWW.NEWSTALK870.AM) AGAIN AT 9:30 EACH SATURDAY MORNING*

*OR VISIT OUR WEBSITE [MOULTONWEALTH.COM](http://MOULTONWEALTH.COM) FOR PODCASTS*



Each party can point to great economies and stock market performances, while they occupied the Oval Office, and each party can point to poor economies and stock market performance when the other side occupied it.

A recent Wall Street argument urging investors to stay fully invested in election years, has popped up a lot recently. The argument is some form of “Presidential election years are very positive for the stock market, so stay fully invested.”

Now certainly, this year has been positive, outside of recent days. But does that mean it will continue higher, and being prepared with a defensive plan is dumb?

It turns out that election years, on average, have been positive for the stock market. In fact since 1928, the S&P-500 has risen an average of 7.4% in Presidential election years.

But averages lie.

Both 2000 and 2008 were election years. Both of those years were part of bear markets that eventually left the S&P-500 with losses of ~ 50% and 57% respectively.

In fact, what mainstream media and Wall Street don't tell you is that the average of all years, not including Presidential election years, is actually higher than the average of all Presidential election years. (From InvesTech Research)

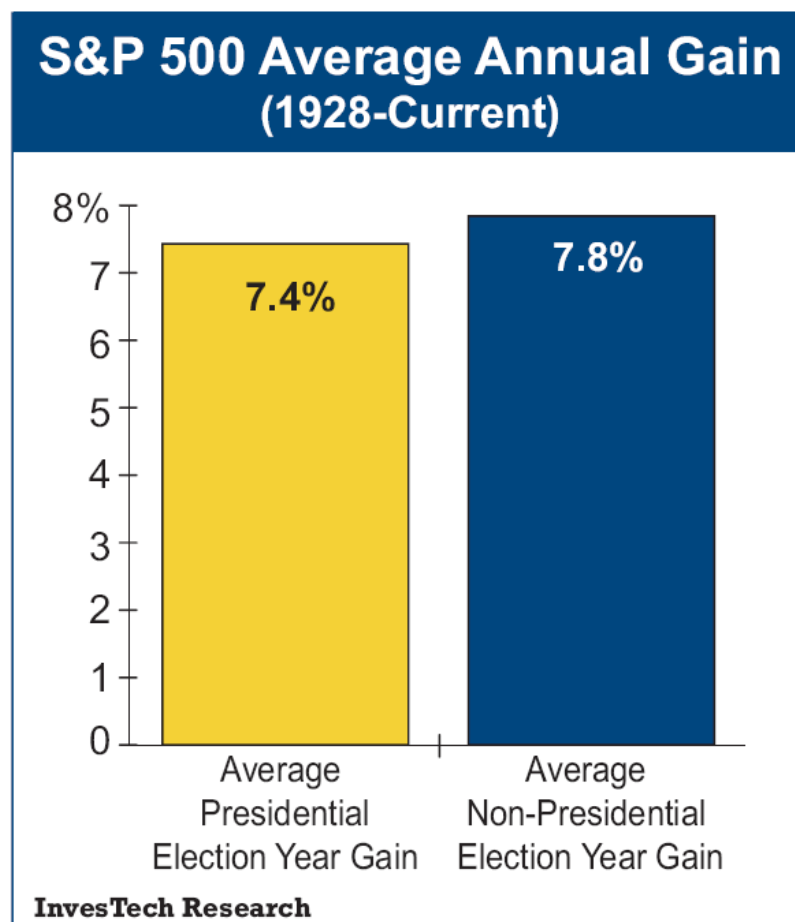
*Should investors actually avoid Presidential election years?*

The true message here isn't to be overly confident in market performance because it is, or is not, an election year. It's just another market year, with all the positive and negative possibilities.

As we've discussed in the past, the economic cycle, and stock market internals, are always the most important data to follow, not 100 year averages. Let's review a series of charts about where we stand on those fronts.

From a technical perspective, the S&P-500 is very “top heavy”.

What does that mean, and why should you care?

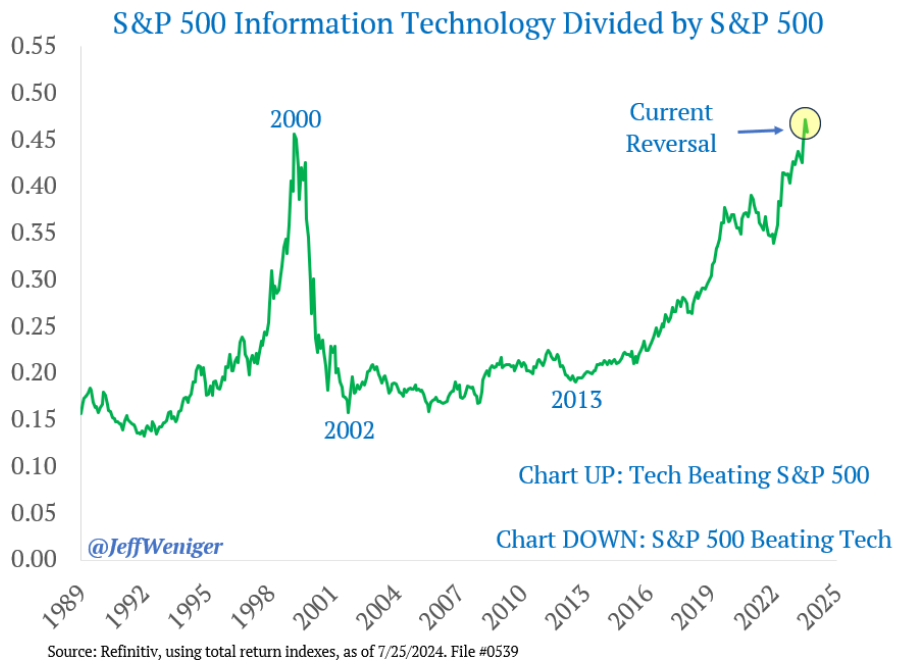


The S&P-500 is cap weighted. That means that the larger companies count more than the smaller companies. While an investor could understandably roll their eyes and ask “who cares?” it’s an important data point.

If the larger companies, mostly tech, have been pulling the market up, they will equally pull it down if they reverse and start lower. If you don’t believe it, watch what’s happened to the market the last 10 days.

The following chart from Refinitiv and @JeffWeniger, shows how lopsided it is on a historical basis. It shows the S&P-500 Information Technology sector performance, in comparison to the overall S&P-500 performance.

As is clear, the outperformance today is even higher than the Dot.com bubble. Remember what happened back then – the S&P-500 eventually fell ~50% but the Nasdaq 100 fell close to 80%!



But what could trigger this reversal? Undoubtedly, valuations could start it. But such high valuations coupled with a recession would likely cause a bad bear market in stocks. Bear markets are always the worst during recessions.

Wall Street, main street media and the Fed all assure us we will avoid a recession, and instead enjoy a soft landing. So who cares how the market performs during recessions, as we won’t see one?

First, those assurances are less than reliable. To the right you’ll see similar assurances heading into both the Dot.com bubble bursting and the Great Financial Crisis.

And in direct contradiction, there are many data points that are warning of recession.

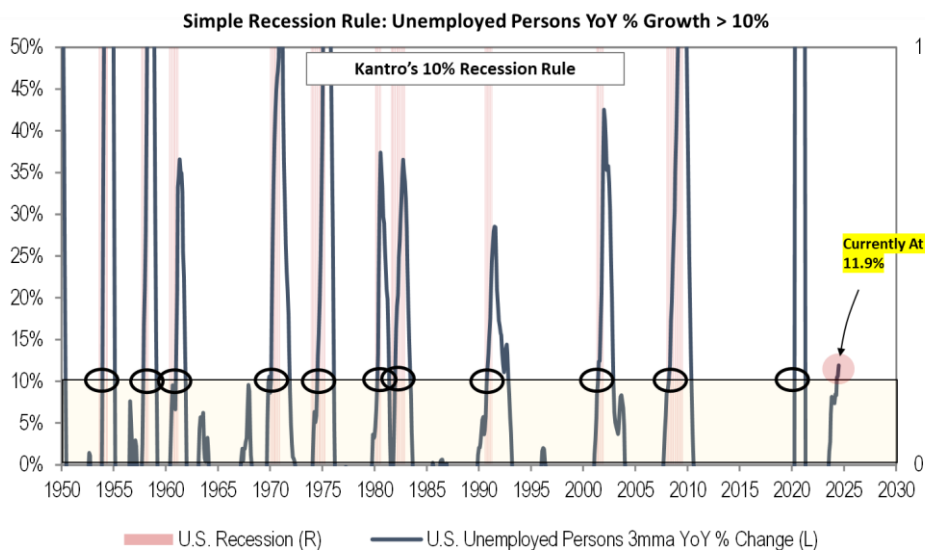
First is the growth in the percent of people who are unemployed. The

**Bloomberg**  
<https://www.bloomberg.com/articles/2000-07-23>  
**Cleared For A Soft Landing**  
 Jul 23, 2000 — The Fed chairman should sit back and smile: The U.S. is currently enjoying an almost idyllic economy. Unemployment is down to historic lows, ...

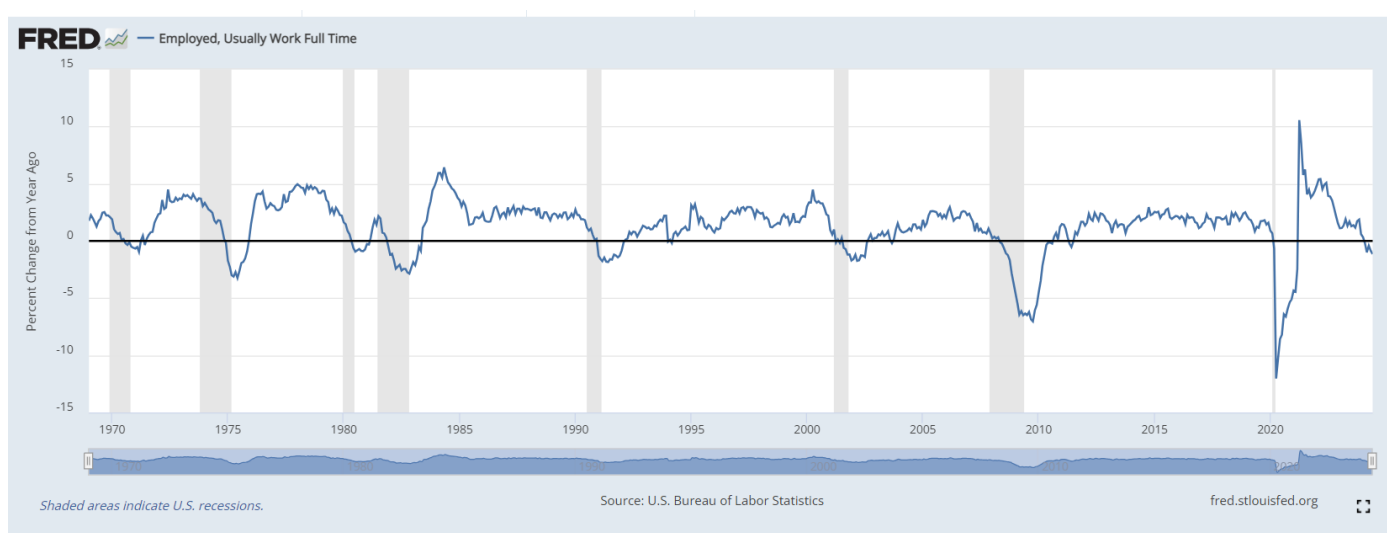
**International Monetary Fund**  
<https://www.imf.org/News/Articles/2015/09/28>  
**IMF Survey: Soft Landing Ahead for U.S. Economy**  
 August 6, 2007. United States should return to potential growth rate near 3 percent by mid-2008; But housing market problems could still get worse ...

**The New York Times**  
<https://www.nytimes.com/.../International-Business>  
**Fed chairman projects 'soft landing' for U.S. economy**  
 Feb 15, 2007 — WASHINGTON — The chairman of the Federal Reserve Board, Ben Bernanke, has given Congress an upbeat view of the U.S. economy, predicting that ...

following chart from Michael Kantro of Piper Sandler tells the story. Maybe we won't enter a recession, but if not, it will be the first time in almost 75 years when a 10% increase in the 3 month moving average of those unemployed, year over year, hasn't meant we're already in the recession.



Similarly, from the St. Louis Fed, for the last 55 years, every time the year over year percentage change in those who have full time employment, falls into negative territory, we're in a recession. Notice to the far right of the chart, we're in negative territory. (The vertical gray bars are recessions.) *h/t to @DrJStrategy*



What should you do with this information?

**Prepare!**

Do not sell all your investments. Do not put it all into gold or hide it under your bed.

But also, do not ignore it.

Accept that the risk of a recession and bad bear market has risen considerably, and decide what steps you will take, and when you will take them, to protect yourself.

Procrastination and Planning both start with a P, but they are not the same.

# ***Failing to prepare, is preparing to fail.***

Come to a seminar and find out how you might protect yourself. In our seminars, and at initial, free, consultations called “Financial Physicals” we discuss the five areas most important to financial health for retirees or those close to retirement.

1. Protection
2. Estate Planning
3. Income Tax
4. Retirement
5. Investments

Risk management is key for success in all of those areas.

Consider exploring how you might add a defensive strategy to your investment approach.

Maybe this time is different, and if you’re a buy and hold investor with no defensive strategy, you’re betting your portfolio, and possibly your retirement, on it.

Attend a seminar or call the office to find how adding a defensive strategy to your portfolio could help because...

***The ledger is stacking up, and not to the positive.***

Sure, the market comes back, eventually...

***How long can you afford your portfolio  
to be down significantly?***

Currently risk-free rates approximate 5% compared to what the market “might” make (or more importantly lose) over the coming months, and considering the growing mountain of evidence of an oncoming recession, it seems negligent not to at least explore your options.

***This is even more important if your spouse is not as savvy about investments as you are.***

The Great Financial Crisis was triggered by the popping of a bubble in real-estate. ***The bubble in real-estate today is bigger by most measures.***

The Dot.com bear market was triggered by the popping of a bubble in equity valuations. ***The equity bubble is bigger today by most measures.***

Neither the Dot.com nor the Great Financial Crisis bear markets had inflation, or nearly as much debt across consumers and businesses as we have today.

If the Dot.com bubble resulted in the S&P-500 falling ~ -50% and the NASDAQ falling over ~ -80%...

If the Great Financial Crisis saw the S&P-500 fall ~ -57% and the NASDAQ falling over ~ -50%...

***How much might a market fall with levels exceeding both of those along with inflation and higher leverage?***

You don't have to remain locked into the same approach as you had when these risks didn't exist. You are allowed to protect yourself. You can step away and then come back when the risks decline. Call us to find out how.

***It's time to focus on return of your money rather than return on your money.***

***If you still have the same portfolio allocation you had during the bull market, we would ask "why"? The risk profile of the economy and market has changed dramatically and will likely continue to rise. Wouldn't it make sense to adjust your portfolio to what is actually happening?***



To be clear, we'll have a great buying opportunity at some point in the future. Usually that happens with the market crashing and most investors disgusted with the thought of investing. If you lose much of your net worth, participating will be difficult.

***“You can't buy low if you don't sell high.”***

Patience and asset protection will be key.

***Don't wait until you have suffered unrecoverable losses before taking action.***

In the Great Financial Crisis, the S&P-500 fell 24% from the start on October 9, 2007 until the Lehman bankruptcy on September 15, 2008. That was close to a year, and not that far off from what we've lived through so far.

Then in just over a month from September 15, 2008 to October 27, 2008 the S&P-500 fell ***ANOTHER*** 28.8%. And from September 15, 2008 to the ultimate bottom, about 5 months later, it fell ***ANOTHER*** 43%.

Not only do bear markets normally unfold in three stages with the last being the most virulent, it also demonstrates that risk happens slowly and then all at once.

***What is your defensive plan?***

***There's still time.***

Call or attend a seminar to hear about ours.

*Remember, we have a feature on our website: [www.MoultonWealth.com](http://www.MoultonWealth.com) to help you measure your risk tolerance. The problem with trying to decide how much risk to take is we all want to be aggressive when the market is going up, but conservative when it's going down. That's why a sell discipline is important. However, the first line of defense is always our allocation. This approach to measuring risk gives a number by making investors trade off gains and losses. Just click the button to see where you stand.*

What's Your Risk Number? 

**Get a physical!** We invite you to attend a seminar and come in for a “financial physical”, even if you think your current approach is fine. Much like going to the doctor for a physical

despite feeling great, you want to make sure any negative issues you may not be aware of are caught early and addressed. For example...

- Do you need a process to help manage losses during the next bear market?
- Have you addressed your investment process and adjusted it for what is going on in the world?
- If not, what are you waiting for?

***At the bottom of the 2007 - 2009 bear market the S&P-500 index returned to levels last seen in 1996.***

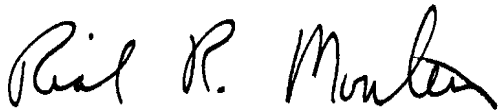
***The drop didn't retrace only a few months or even a couple years.***

We discuss many of these issues and more on the weekly radio show and invite you to listen.

## **WEEKLY FOCUS – THINK ABOUT IT**

***“Failing to prepare, is preparing to fail.”***

Yours truly,



**Rial R. Moulton, CFP®, CPA / PFS, RFC**  
*Certified Financial Planner™*



**Donald J. Moulton, CFP®, RFC**  
*Certified Financial Planner™*

P.S. Please feel free to forward this commentary to family, friends, or colleagues. If you would like us to add them to the list, please reply to this e-mail with their e-mail address and we will ask for their permission to be added.

*Investment services offered through Moulton Wealth Management, Inc., an independent Registered Investment Advisor. The Standard & Poor's 500 (S&P 500) is an unmanaged group of securities considered to be representative of the stock market in general. The Dow Jones Industrial Average is a price-weighted index of 30 actively traded blue-chip stocks. The NASDAQ Composite Index is an unmanaged, market-weighted index of all over-the-counter common stocks traded on the National Association of Securities Dealers Automated Quotation System. Yahoo! Finance is the source for any reference to the performance of an index between two specific periods. Opinions expressed are subject to change without notice and are not intended as investment advice or to predict future performance. Consult your financial professional before making any investment decision. You cannot invest directly in an index. Past performance does not guarantee future results. Investments in securities do not offer a fixed rate of return. Principal, yield and / or share price will fluctuate with changes in market conditions and, when sold or*

redeemed, you may receive more or less than originally invested. No system or financial planning strategy can guarantee future results.

**To unsubscribe from the “Molten Hot” Minutes please reply to this e-mail with “Unsubscribe” in the subject line, or write us at 420 N. Evergreen Road, Suite 100; Spokane, WA 99216.**

**The Barclays Global Aggregate Bond Index** (formerly Lehman Brothers Global Aggregate Index), is an unmanaged market-capitalization-weighted benchmark, and tracks the performance of investment-grade fixed income securities denominated in 13 currencies. The index reflects reinvestment of all distributions and changes in market prices.

**The Barclays U.S. 1-10 Year TIPS Index** is an unmanaged index composed of inflation-protected public obligations of the U.S. Treasury that have a remaining maturity of one to ten years.

**The Barclays U.S. Aggregate Bond Index** is an unmanaged benchmark index composed of U.S. securities in Treasury, Government-Related, Corporate, and Securitized sectors. It includes securities that are of investment-grade quality or better, have at least one year to maturity, and have an outstanding par value of at least \$250 million.

**The Barclays U.S. TIPS Index** is an unmanaged index composed of all U.S. Treasury Inflation-Protected Securities rated investment grade, have at least one year to final maturity, and at least \$250 million par amount outstanding.

**The JP Morgan U.S. Treasury Index** is an unmanaged index composed of U.S. Treasuries.

**The CDX IG 12** is a benchmark high-grade derivatives index, which measures the cost of insuring a basket of U.S. investment-grade corporate debt against defaults.

**The Chicago Board Options Exchange Volatility Index (VIX)** tracks the expected volatility in the S&P 500 over the next 30 days. A higher number indicates greater expected volatility. Common usage: The Chicago Board Options Exchange Volatility Index (VIX), a barometer of market volatility.

**The Dow Jones Industrial Average** is a widely followed market indicator based on a price-weighted average of 30 blue-chip stocks that trade on the New York Stock Exchange which are selected by editors of The Wall Street Journal.

**The Dow Jones Wilshire Real Estate Securities Index (RESI)** is used to measure the U.S. real estate market and includes both real estate investment trusts (REITs) and real estate operating companies (REOCs). It is weighted by float-adjusted market capitalization.

**The JP Morgan Emerging Market Bond Index** is a total-return, unmanaged trade-weighted index for U.S. dollar-denominated emerging-market bonds, including sovereign debt, quasi-sovereign debt, Brady bonds, loans, and Eurobonds.

**The JP Morgan EMBI Global Diversified Index** tracks the performance of external debt instruments (including U.S.-dollar-denominated and other external-currency-denominated Brady bonds, loans, Eurobonds and local market instruments) in the emerging markets.

**The JP Morgan GBI-EM Global Diversified Index** tracks the performance of local-currency bonds issued by emerging market governments.

**The MSCI World Index** is a free float-adjusted market capitalization weighted index that is designed to measure the equity market performance of developed markets. The MSCI World Index represents 23 developed market countries.

**The MSCI All Country World Index** is a market-capitalization-weighted index composed of over 2,400 companies, and is representative of the market structure of 46 developed and emerging market countries. The index is calculated with net dividends reinvested in U.S. dollars.

**The MSCI EAFE Index** is an unmanaged, market-capitalization-weighted equity index that represents the developed world outside North America.

**The MSCI Emerging Markets Index** is a free float-adjusted market-capitalization-weighted index designed to measure the performance of global emerging market equities.

**The NASDAQ Composite Index** is a market-value-weighted index of all common stocks listed on the National Association of Securities Dealers Automated Quotations (NASDAQ) system.

**The Russell 1000 Index** includes 1000 of the largest U.S. equity securities based on market cap and current index membership; it is used to measure the activity of the U.S. large-cap equity market.

**The Russell 2000 Index** includes 2000 small-cap U.S. equity names and is used to measure the activity of the U.S. small-cap equity market.

**The S&P 500 Index** is a capitalization-weighted index made up of 500 widely held large-cap U.S. stocks in the Industrials, Transportation, Utilities and Financials sectors.

#### **Investing Terminology**

**Alpha** is a measure of a portfolio's return above a certain benchmarked return.

**Alternative Investments** are investments that are not one of the three traditional asset types (stocks, bonds and cash). Alternative investments include hedge funds, managed futures, real estate, commodities, and derivatives contracts.

**Asset-Backed Securities (ABS)** are bonds backed by a pool of loans or accounts receivable and commonly include payments from credit cards, auto loans and mortgage loans.

**Austerity** refers to measures taken by a country's government in an effort to reduce expenditures and a budget deficit.

**Beta** is a measure of the volatility or systematic risk of a security or a portfolio in comparison to the market as a whole.

**Book-to-Price Ratio** is the inverse of the price-to-book ratio, which is calculated as the market value of a security divided by its book value. A lower the price-to-book ratio for a security may mean the security is undervalued, and vice versa (the higher the book-to-price ratio, the better the value).

**Commercial Mortgage-Backed Securities (CMBS)** are pools of commercial mortgage loans that are packaged together and sold to the public. They are usually structured in tranches, or classes of risk, so that investors can determine how much risk they want to take on. In general, CMBS carry less prepayment risk than loans backed by residential mortgages.

**Corporate Bonds** are debt securities issued by corporations to raise money; these bonds usually pay higher coupon rates than government or municipal bonds.

**Correlation Risk** refers to the change in the marked to market value of an asset when the correlation between the underlying assets changes over time.

**Credit Ratings** are an assessment of the risk of default of a company or country. The higher the credit quality (or rating), the lower the perceived risk of default.

**Cyclical Sectors or Stocks** are those whose performance is closely tied to the economic environment and business cycle. Managers with a pro-cyclical market view tend to favor stocks that are more sensitive to movements in the broad market and therefore tend to have more volatile performance.

**Debt-to-Equity Ratio** is calculated as long-term debt divided by common shareholders' equity, and measures the amount of a firm's leverage, or debt.

**Donor Advised Funds** are private funds administered by a third party and created for the purpose of managing charitable donations on behalf of an organization, family, or individual.

**Duration** is a measure of a security's price sensitivity to changes in interest rates. Specifically, duration measures the potential change in value of a bond that would result from a 1% change in interest rates. The shorter the duration of a bond, the less its price will potentially change as interest rates go up or down; conversely, the longer the duration of a bond, the more its price will potentially change.

**Excess Returns** are investment returns from a security or portfolio that exceed a benchmark or index with a similar level of risk.

**Grantor Retained Annuity Trust** is an estate planning technique that minimizes the tax liability existing when intergenerational transfers of estate assets occur. An irrevocable trust is created for a certain term or period of time. The individual establishing the trust pays a tax when the trust is established. Assets are placed under the trust and then an annuity is paid out every year. When the trust expires, the beneficiary receives the assets estate and gift tax free.

**High Yield Debt** is rated below investment grade and is considered to be riskier.

**Managed Futures** strategies use futures contracts as part of their overall investment strategy. They provide portfolio diversification among various types of investment styles and asset classes to help mitigate portfolio risk in a way that is not possible in direct equity investments.

**Market Capitalization** is calculated as the number of companies shares outstanding multiplied by the share price, and is used to determine the total market value of a company.

**Momentum** is the rate of acceleration for an economic, price or volume movement; it is used to locate trends within the market.

**Mortgage-Backed Securities (MBS)** are pools of mortgage loans that are packaged together and sold to the public. They are usually structured in tranches, or classes of risk, so that investors can determine how much risk they want to take on.

**Option-adjusted spreads** estimate the difference in yield between a security or collection of securities and comparable Treasuries after removing the effects of any special features, such as provisions that allow an issuer to call a security before maturity.

**Peripheral Eurozone Countries** are those countries in the Eurozone with the smallest economies.

**Price-to-Book Ratio** is calculated as the market value of a security divided by its book value. A lower the price-to-book ratio for a security may mean the security is undervalued.

**Private Foundations** are charitable organizations that do not qualify as public charities by government standards. A private foundation is a nonprofit organization which is usually created via a single primary donation from an individual or a business and whose funds and programs are managed by its own trustees or directors.

**Quantitative Easing** refers to expansionary efforts by central banks to help increase the supply of money in the economy.

**Recapitalized/recapitalization** refers to injecting fresh equity into a company or a bank, which can be used to absorb future losses. This generally takes place through the company issuing new shares. In the case of a government or organization recapitalizing a bank, it usually results in the government or organization owning a stake in the bank.

**Spreads:** Yield spreads represents the difference in yields offered between corporate and government bonds. If they tighten, this means that the difference has decreased. If they widen, this means the difference has increased.

**Standard Deviation:** Statistical measure of historical volatility. A statistical measure of the distance a quantity is likely to lie from its average value. It is applied to the annual rate of return of an investment, to measure the investment's volatility (risk). Standard deviation is synonymous with volatility, in that the greater the standard deviation the more volatile an investment's return will be. A standard deviation of zero would mean an investment has a return rate that never varies.

**Treasuries** are U.S. government debt obligations that are backed by the full faith and credit of the government. Often, they are used as a proxy for a risk-free asset when comparing other risky assets.

**Yield Curves** illustrate the relationship between the interest rate, or cost of borrowing, and the time to maturity. Yields move inversely to prices. The Barclays Capital 1-10 Year US TIPS Index: Barclays Capital 1-10 Year US TIPS Index measures the performance of inflation-protected public obligations of the U.S. Treasury that have a remaining maturity of one to ten years.